

Second CHANCES SA Restoring



Winter 2020

We're Still Here!

Although the world may constantly shift around us, we are still here- adapting to new ways of achieving the same outcomes for everyone we support. With our collective creativity, we're applying state-of-the-art technology.

Our **PK Family Care** and **Getting Ready for Take Off** teams continue to make every day count as they provide emotional, practical, and transformative supports to clients and participants.



We're still here...posting out 25 brand-new **PK Birthday** presents each and every month to children and young people on behalf of their imprisoned parent.

Creativity is Contagious!

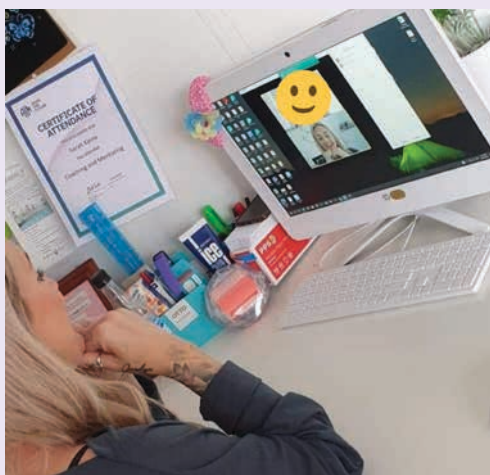
The old adage says, "crisis creates opportunity," and our **PK Family Care** team continue to prove this to be true. Staffers **Alison** and **Sarah** have spent the past month brainstorming and applying innovative ways to support and encourage the young people and families they work alongside. Even in these unique circumstances, the team continue to go above and beyond!



PK Family Care recently came across a mum of two teenagers in a tough predicament. After living without a fridge or freezer for over a month, PK Family Care and **Second Chances Furniture Warehouse** were able to help provide the family one.

After a rough couple of weeks of food insecurity, they're now able to store their own food at home safely without relying on their neighbour or school's fridges.

To say the mum is extremely grateful is an understatement as she did not know how they were going survive through the school holidays and social distancing measures, without their own fridge. This has restored safety and dignity to this vulnerable family.



Thanks to technology, we're finding fun and inventive ways to stay connected with the young people and families we support!



A very thoughtful art teacher generously donated and packaged a dozen creative art packs for our PK Family Care team to deliver to isolated families across greater Adelaide during school holidays.



Reaching the invisible victims of crime



PK Family Care exists to respond to the unique needs of children and families with a parent in prison.

The team provides home visits, school uniform packages, support, advocacy and agency referrals – all with the goal of strengthening families and keeping PKs (prisoners' kids) out of the criminal justice system.



Fresh from the printers, PK Family Care, now have their very own brochure. To read or download the brochure online, find it at secondchances.org.au/media/materials To request a copy, simply contact us via email or phone.

Steady as She Goes

We're steadying the ship, steering a course towards the shore and setting down our anchor until calm returns. We're taking stock of what we have and focusing on those we seek to serve – the families, children and youth of prisoners.

We've postponed our PK Mentoring Camps program and hopefully we'll be back to planning camps in the Spring.

We had a duty of care to our valued volunteers and customers, to temporarily close our Op Shop and Furniture Warehouse. We have continued to respond remotely to requests from housing agencies needing furniture for their clients. Housing for the homeless and victims of domestic violence is an essential service.

While weekly visiting of prisoners has ceased for the time being, we're working with the Department for Correctional Services to respond remotely to completing banking transactions for prisoners to stay connected to their families.

Our Chapel Services roster for Mobilong and Cadell is on 'pause'.

We continue to do the following:

- We deliver birthday presents to around 25 children of prisoners each month.
- We connect and encourage 'Getting Ready for Take Off' participants via scheduled online video coaching sessions to stay their course.
- We engage with families using all the technical tools at our disposal.
- We support children of prisoners and their caregivers with creative ideas through school holidays and enforced school 'downtime'.
- We deliver food hampers, donated art packs and restored bicycles with helmets.
- We share Good News stories daily across all four social media platforms.
- We prioritise the wellbeing and morale of staff as we look ahead and plan for change returning to a 'bright new world'.
- We navigate our way through the challenges we face and determine to set

out a framework which will see us ready to hit the ground running when we come through this season.

We are in this together and together we can continue to move forward because our confidence is in our purpose – restoring hope and giving 'second chances' to those impacted by the criminal justice system.

Our ship leaves the shore for new, uncharted waters, when we're free to sail full steam ahead.

Our families need to know you're with us all the way. Thank you for 'being there' and supporting us through this challenging time.

We will overcome - together.



Helen Glanville
Chief Executive



Getting Ready for Take Off: Kicking Goals!

Having commenced in April 2019, our latest initiative, **Getting Ready for Take Off** has recently celebrated its first anniversary. The program continues to come to its own with a full team; ready to empower young people to reach their full potential on their journey to becoming 'job ready'.

The team continue to reach out and register new participants while also providing life coaching and job preparation support to ongoing participants. Online video calls and virtual workshops have enabled Life Coaches, **Teela** and **Will**, to continue supporting, encouraging and engaging with participants.



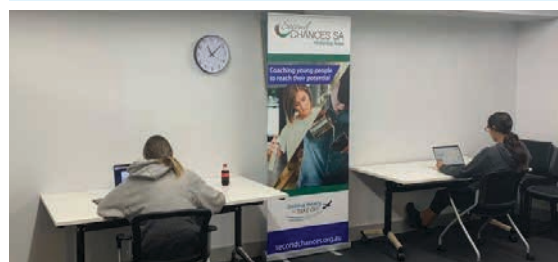
One of our *Getting Ready for Take Off* participants was very excited to receive special delivery of his very own mountain bike and helmet- enabling him to be more independent and mobile.

The usually shy, Matt*, was grateful to receive his bike, courtesy of **Seaview High School's** bike restoration program. (Photographed with permission).



In early March, a brave group of *Getting Ready for Take Off* participants gathered at **Woodhouse Activity Centre**, Piccadilly, for an outdoor team-building day filled with adventure, amusement, and activities.

Outings like this provide opportunities to build confidence, teamwork and community in a recreational and supportive environment.



Participants at our South and North Hubs have been visiting in small groups to complete online Strengths Assessments (seen here practising social distancing).

Our goal is for participants to better understand their own individual strengths and how they can utilise them in their professional and personal lives.

Getting Ready for TAKE OFF

Coaching young people to reach their potential



Getting Ready for Take Off is a project to improve the employment opportunities of youth and young adults up to 25 years affected by parental imprisonment.

Based in our Morphett Vale and Elizabeth hubs, Life Coaches work one-on-one with participants to develop and implement an individualised vocational plan.



We are very excited to launch our new *Getting Ready for Take Off* brochure – a great resource for new participants and referral agencies. To read it online, visit secondchances.org.au or contact us via email or phone to request a copy.



Our **PK Family Care** team spent two days in April out on the road delivering food boxes to 15 families across northern Adelaide impacted by isolation or job loss.

In times like these, simple gestures like this can have a real impact in restoring hope to families already doing it tough.

GOOD NEWS!

There's never a dull day here at **Second Chances SA** and each and every day, we are encouraged by both small and big stories of hope, transformation and good news. These are just a handful of those stories we wanted to share with you!



In our Eastwood office, we have a collection tin for loose change and cash donations. The \$10 note at the front of the plastic tin is from a former prisoner who, earlier this year, was so overwhelmed with gratitude when he came to retrieve his phone and personal items (that we had been safely storing for him) that he wanted to leave behind a donation of thanks.



We'd like to introduce you to the Achievement Wall. These are just some of the vocational certificates our **Getting Ready for Take Off** participants have proudly completed over the past 12 months on their journey to achieving their career and vocation action plans.



In normal circumstances, did you know that we have a regular roster of amazing volunteers who generously donate their Sundays and their personal testimonies to lead in-prison chapel services? (All photos taken pre-March 2020).

How can we ever thank all you guys enough! All we can say is you gave us a second chance. Thanks to you guys we have been able to move forward and we are looking at a bright future.

Online video chats don't have to be boring! Just ask Alison, **PK Family Care**, seen here catching up with a family and playing fancy dress with funny hats.

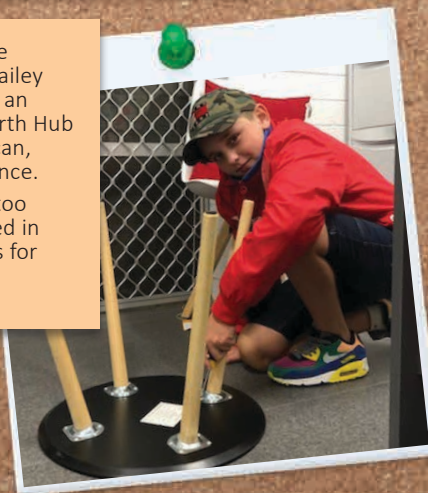
This little note from a thankful couple speaks volumes about the power of a second chance in life. It's why we do what we do.



We would like to introduce you to a friend of ours: "Bailey the Builder!" He has been an absolute legend in our North Hub helping out wherever he can, whenever he gets the chance.

When a DIY table proved too much for us, Bailey stepped in and saved the day! Thanks for being so awesome.

(Photo shared with permission).




For many of our **Getting Ready for Take Off** participants- finding meaningful activity and community is a key part of preparing for a meaningful professional and personal life and in becoming their best version of themselves.

Sara* and Michelle* (pictured: top row) have loved the opportunity to join their local rugby club, thanks to support from their Life Coaches and Alecia (Community Engagement; bottom row).



Find and follow us on your socials

Whatever your favourite social media platform is, chances are, **Second Chances SA** is there! To keep updated and informed, simply find and follow us across Facebook, Twitter, Instagram and LinkedIn. It's that easy! 



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PK Family Care (South): Alison Nohlmans

PK Family Care (North): Sarah Kaine

Project Manager (GRFTO): Kim Pienaar

Life Coach-South Hub: Will Metzger

Life Coach-North Hub: Teela Cumberworth

Life Coach Assistant: Fiona MacFayden

Community Engagement: Alecia Pienaar

Welcome Alecia!



Introducing the newest part-time staff member in the Getting Ready for Take Off team, **Alecia Pienaar**. With a passion for sport and recreational team-building, Alecia, steps into the new role

of **Community Engagement** – supporting participants in becoming socially connected by joining sports teams, gyms, community clubs and arts programs. Welcome to the team Alecia!

Shop for Second Chances SA!

Next time you're grocery shopping- think **Drakes** and think **Second Chances SA**. We're excited to be a part of the **Drakes Community Dollars** program and it's as easy as 1, 2, 3!

1. Call or email our Second Chances SA office to request your very own key ring tag.
2. Scan your tag every time you shop at a Drakes Supermarket.
3. For every two dollars you spend, one cent will be accredited to us.



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Mon-Fri 9:30am – 4:30pm
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Payment Details: \$ _____ My Gift total

Please debit my ☐ Visa ☐ MasterCard ☐ American Express

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"Yes, we're still here too!"



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